

All meals include 1/2 Pint Milk

September 2025 – HS Lunch

Menu Subject To Change

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| 1 HAPPY LABOR DAY! | 2 Macaroni and Cheese Fruit Cocktail Green Pea Guacamole with Carrot Sticks Whole Grain Bread | 3 Crunchy Chicken Wrap Banana Edamame | 4 Hamburger Steak Steamed Brown Rice Broccoli and Cauliflower Peaches Whole Grain Bread | 5 Beef Stew Steamed Brown Rice Pineapple Whole Grain Bread |
| 8 Chicken Teriyaki Asian Noodles Fruit Cocktail Broccoli and Cauliflower | 9 Hamburger Stew Steamed Brown Rice Peaches Rockin' Coleslaw Whole Grain Bread | 10 Tuna Sandwich Apple Baby Carrots Pickles | 11 Ground Chicken Burrito Bowl Romaine Lettuce Orange Wedges | 12 Portuguese Bean Soup Steamed Brown Rice Mixed Fruit Corn Pudding |
| 15 Shoyu Chicken Steamed Brown Rice Pears Potato Salad Baby Carrots Whole Grain Bread | 16 Taco Salad (Beef, Cheese, Black Beans, and Lettuce) Tortilla Chips Orange Wedges Salsa | 17 Egg Salad Sandwich Banana Celery Sticks with Hummus | 18 Kalua Pig and Cabbage Steamed Brown Rice Lomi Tomato Pineapple Whole Grain Bread | 19 Vegetable Lasagna Whole Grain Focaccia Bread Fruit Cocktail |
| 22 Monte Cristo Casserole Vegetable Stew Pineapple | 23 Spaghetti with Meat Sauce Peaches Black Bean and Corn Salad Whole Grain Focaccia Bread | 24 Cheeseburger Apple Baby Carrots with Ranch Ketchup Packet | 25 Turkey Ala King Steamed Brown Rice Fruit Cocktail Olives Whole Grain Bread | 26 Pepperoni Pizza Kale Salad Orange Wedges |
| 29 BBQ Chicken Thighs Steamed Brown Rice Mandarin Orange Tomato and Cucumber Salad Whole Grain Bread | 30 Chili Con Carne Steamed Brown Rice Pineapple Cornbread | | | |

This institution is an equal opportunity provider.

|

|