

All meals include 1/2 Pint Milk

October 2023 - K to 8 Lunch

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Teriyaki Steamed Brown Rice Mixed Fruit Green Beans	3 Hamburger Goulash Steamed Brown Rice Peaches Tossed Salad Whole Grain Roll	4 Tuna Sandwich Apple Baby Carrots	5 Baked Chicken Steamed Brown Rice Mandarin Orange Peas and Carrots	6 Chili Con Carne Steamed Brown Rice Pineapple Whole Grain Roll
9	10	11	12	13
				
16 Shoyu Chicken Steamed Brown Rice Mandarin Orange Broccoli, Cauliflower, and Carrots	17 Taco Salad (Beef, Cheese, Black Beans, and Lettuce) Tortilla Chips Oranges	18 Sloppy Joes Apple Baby Carrots	19 Chicken Corn Dog Mixed Vegetables Pineapple	20 Pepperoni Pizza Banana Kale Salad
23 Chicken w/ Mushroom Gravy Steamed Brown Rice Pineapple Broccoli	24 Creole Macaroni Fruit Cocktail Mixed Vegetables Whole Grain Roll	25 BBQ Chicken Sandwich Apple Baby Carrots	26 Pork and Peas Steamed Brown Rice Peaches Corn Whole Grain Roll	27 Chicken Chili Steamed Brown Rice Pineapple Green Beans
30 Chicken Adobo Steamed Brown Rice Corn and Green Beans Fruit Cocktail	31 Beef Patty with Gravy Mashed Potatoes Peaches Broccoli, Cauliflower, and Carrots Savory Crackers			

***This institution is an
equal opportunity
provider.***