

All meals include 1/2 Pint Milk

September 2023 – K-8 Lunch

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
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				Beef Stew with Vegetables Steamed Brown Rice Pineapple Edamame Whole Grain Roll
4	5	6	7	8
HAPPY LABOR DAY!	Hamburger Goulash Steamed Brown Rice Peaches Tossed Salad Whole Grain Roll	Tuna Sandwich Apple Baby Carrots	Baked Chicken Steamed Brown Rice Mandarin Orange Peas and Carrots	Chili Con Carne Steamed Brown Rice Pineapple Whole Grain Roll
11	12	13	14	15
Shoyu Chicken Steamed Brown Rice Mandarin Orange Broccoli, Cauliflower, and Carrots	Taco Salad (Beef, Cheese, Black Beans, and Lettuce) Tortilla Chips Oranges	Sloppy Joes Apple Baby Carrots	Kalua Pig and Cabbage Steamed Brown Rice Sweet Potato Fries Pineapple	Pepperoni Pizza Banana Kale Salad
18	19	20	21	22
Chicken Luau Steamed Brown Rice Pineapple Lomi Tomato	Creole Macaroni Fruit Cocktail Mixed Vegetables Whole Grain Roll	BBQ Chicken Sandwich Apple Baby Carrots	Pork and Peas Steamed Brown Rice Peaches Corn Whole Grain Roll	Chicken Chili Steamed Brown Rice Pineapple Green Beans
25	26	27	28	29
Chicken Adobo Steamed Brown Rice Corn and Green Beans Fruit Cocktail	Beef Patty with Gravy Mashed Potatoes Peaches Broccoli, Cauliflower, and Carrots Savory Crackers	Ham and Cheese Sandwich Apple Baby Carrots	Chicken Nuggets Steamed Brown Rice Mandarin Orange Tossed Salad	Beef Stew with Vegetables Steamed Brown Rice Pineapple Edamame Whole Grain Roll

This institution is an equal opportunity provider.