

All meals include 1/2 Pint Milk

October 2023 - Breakfast

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
WG Cereal String Cheese Apple Apple Juice	Portuguese Sausage Steamed Brown Rice Fruit Medley	Pizza Bagel Sliced Peaches Oranges	Pork Link Sausage Steamed Brown Rice Banana Mandarin Oranges	Ham and Cheese Omelet Steamed Brown Rice Apple Slices Raisins
9	10	11	12	13
				
16	17	18	19	20
Yogurt and Granola Oranges Pineapple Tidbits	Turkey Sausage Steamed Brown Rice Mixed Fruit Apple	Applesauce Bread Muffins Pineapple Tidbits Strawberry Kiwi Juice	Ham Patties Steamed Brown Rice Fruit Medley	Fried Rice (Brown rice w/ eggs & sausage) Pineapple Juice Banana
23	24	25	26	27
WG Cereal String Cheese Applesauce Raisins	Pork Link Sausage Steamed Brown Rice Pineapple Juice Sliced Peaches	Pizza Bagel Apple Chips Mixed Fruit	Portuguese Sausage Steamed Brown Rice Fruit Medley	Cheese Omelet Steamed Brown Rice Mandarin Oranges Raisins
30	31			
French Toast Sticks w/ Syrup Grape Juice Apple	Ham Patties Steamed Brown Rice Fruit Medley			

***This institution is an
equal opportunity
provider.***