

All meals include 1/2 Pint Milk

September 2023 – Breakfast

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
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				Fried Rice (Brown rice w/ eggs & sausage) Apple Chips Banana
4	5	6	7	8
HAPPY LABOR DAY!	Portuguese Sausage Steamed Brown Rice Fruit Medley	Pizza Bagel Sliced Peaches Oranges	Pork Link Sausage Steamed Brown Rice Banana Mandarin Oranges	Ham and Cheese Omelet Steamed Brown Rice Applesauce Raisins
11	12	13	14	15
Yogurt and Granola Oranges Pineapple Tidbits	Turkey Sausage Steamed Brown Rice Mixed Fruit Apple	Applesauce Bread Pineapple Tidbits Strawberry Kiwi Juice	Ham Patties Steamed Brown Rice Fruit Medley	Fried Rice (Brown rice w/ eggs & sausage) Pineapple Juice Banana
18	19	20	21	22
WG Cereal String Cheese Applesauce Raisins	Pork Link Sausage Steamed Brown Rice Pineapple Juice Sliced Peaches	Pizza Bagel Apple Chips Mixed Fruit	Portuguese Sausage Steamed Brown Rice Fruit Medley	Cheese Omelet Steamed Brown Rice Mandarin Oranges Raisins
25	26	27	28	29
French Toast Sticks w/ Syrup Grape Juice Apple	Ham Patties Steamed Brown Rice Fruit Medley	Toasted Cheese Sandwich Strawberry Kiwi Juice Mandarin Oranges	Turkey Sausage Steamed Brown Rice Pineapple Tidbits Oranges	Fried Rice (Brown rice w/ eggs & sausage) Apple Chips Banana

This institution is an equal opportunity provider.