

All meals include 1/2 Pint Milk

August 2023 – HS Lunch

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	NO SCHOOL SUMMER VACATION	NO SCHOOL SUMMER VACATION	NO SCHOOL SUMMER VACATION	NO SCHOOL SUMMER VACATION
7	8	9	10	11
Chicken Teriyaki Steamed Brown Rice Mixed Fruit Green Beans Savory Crackers	Hamburger Goulash Steamed Brown Rice Peaches Tossed Salad Whole Grain Roll	Tuna Sandwich Apple Baby Carrots	Baked Chicken Steamed Brown Rice Mandarin Orange Peas and Carrots Whole Grain Roll	Chili Con Carne Steamed Brown Rice Pineapple Whole Grain Roll
14	15	16	17	18
Shoyu Chicken Steamed Brown Rice Mandarin Orange Broccoli, Cauliflower, Carrots Savory Crackers	Taco Salad (Beef, Cheese, Black Beans, and Lettuce) Tortilla Chips Oranges	Sloppy Joes Apple Baby Carrots	Kalua Pig and Cabbage Steamed Brown Rice Sweet Potato Fries Pineapple Whole Grain Roll	
21	22	23	24	25
Chicken Luau Steamed Brown Rice Pineapple Lomi Tomato Whole Grain Roll	Creole Macaroni Fruit Cocktail Mixed Vegetables Whole Grain Roll	BBQ Chicken Sandwich Apple Baby Carrots	Pork and Peas Steamed Brown Rice Peaches Corn Whole Grain Roll	Chicken Chili Steamed Brown Rice Pineapple Green Beans Savory Crackers
28	29	30	31	
Chicken Adobo Steamed Brown Rice Corn and Green Beans Fruit Cocktail Whole Grain Roll	Beef Patty with Gravy Mashed Potatoes Peaches Broccoli, Cauliflower, Carrots Savory Crackers	Ham and Cheese Sandwich Apple Baby Carrots	Chicken Nuggets Steamed Brown Rice Mandarin Orange Tossed Salad	

This institution is an equal opportunity provider.