



Ka'Umeke Kā'eo
Hawaiian Immersion Public Charter School
IN KEAUKAHA

KA LAMA

O Ka Lou Ima O Na Mehu

Malaki 2022 Vol.1

MA KE KULA MĀLAMA PŌKI'I

*Papa 'Ehā, Papa 'Ekahi
Kumu Ioane a me Kumu Ku'uipo*



Kumu Ioane and her papa had some kahua pā'ani that they wanted to give as makana to our Papa 'Ekahi. Kumu Ku'uipo's papa were hau'oli to get to meet the older hoa kula and receive the makana.

Kumu Ioane's papa 'ehā began creating a how-to presentation for each mea pā'ani. Split up into four hui, each hui was in charge of one mea pā'ani. This included rings for ring toss, kaula for jumping rope, hula hoops for hooping, and bean bags for tossing.

The haumāna in papa 'ehā made posters that they displayed while explaining the directions of each game. The posters included pictures of themselves playing with each mea pā'ani, further showing how they should be used.

The purpose of this mālama poki'i activity was trifold. It allowed our haumāna to conceptualize, plan, and execute a pāhana. It also gave our haumāna an opportunity to be responsible as a mentor and as a role model to their younger hoa kula. Lastly, this activity instilled a sense of accomplishment that can be found only through hard work and dedication.

In papa 'ekahi, the haumāna got to learn four new skillsets. They also made new connections with their older hoa kula that will support them on their journey at Ka 'Umeke. These haumāna continue to practice with the makana they received at wā pā'ani each lā kula.

MEA'AI PŌKA'A KAU WELA

Summer Rolls

Rice paper

Fillings can be what you enjoy, for example:

Lettuce, sausage, carrots, avocado, tofu,

cucumber, sprouts, bell pepper, chicken, etc.

Prepare your rice paper wraps one at a time by immersing it for 5 seconds in a bowl of warm water. Place the wrap so it lays flat. Lay the green leaves down in the center of the rice paper then stack up all of the fillings. Leave 1/2 of an inch clean on the sides. Start rolling the wrap from one end and tuck it gently but tightly over the top of the veggies. Fold over the sides and continue to roll.

ENJOY

To have your 'ohana recipe featured here send to us at kokua@kaumeke.net

MANA'O O KĒIA PULE

*HE POHŌ NA KA POHŌ,
O KE AKAMAI NO KE
HANA A NUI.*

Sinking is to be expected where it is naturally found, but one should use as much skill as possible [to avoid it].

"Losses come easily". Though it is natural to not want to experience loss in any aspect of our lives, it is a reality of trying something new or doing something different. The fear of a loss may keep us from trying. When you experience a loss while trying something new don't quit, use it as a learning experience and try again in a new way.



KA LEO O NA HAUMĀNA

HUI HO'OLEIMALUŌ

Ho'oulu ana 'ike

I kēia me kēia makahiki, hele ko kākou kula ki'eki'e e launa a hana me Hui Ho'oleimaluō ma Honokea. I kēia makahiki, ua 'ilau mākou ma Kaumauī. He 'ahahui 'oihana 'auhau 'ole ma Keaukaha, ma ke ahupua'a 'o Waiākea, ma ka moku 'o Hilo, ma ka mokupuni 'o Moku o Keawe, 'o Hawai'i. Hana a launa pū me kekahi mau kula. 'O ho'olei, ka ho'olei 'ana i ka 'ūpena, he hana e 'ohi ai ma ke kapakai 'O malu, ka hō'ike a i ka maluhia ka hō'ihia me ke aloha o nā 'ike kupuna. 'Ō, ō he mea e mau ai nā 'ike a laha no nā hanāuna e hiki mai ana. Ke no'ono'o au iā Hui Ho'oleimaluō a me ko lākou a'o 'ana mai ia'u, ua loa'a mai kekahi kuana 'ike hou aku no ka mālama 'ana i nā loko i'a a me ka hiki ke ho'omau ia. Ua pā ko'u na'au iā lākou i ka ho'oulu a ho'omau 'ana i ka 'ike kupuna. E nā po'e Hawai'i, a me nā po'e kānaka, e mālama kākou i ke ao kūlohelohe a me ka 'āina; e like ho'i me ka 'ōlelo no'eau, *He Ali'i ka 'āina, he kauā ke kanaka*, he kuleana ko kākou e mālama a hānai i ka 'āina.

Every year our high schoolers work with Hui Ho'oleimaluō down at Honokea. This year we had the opportunity to work with them at Kaumauī. Hui Ho'oleimaluō is a non-profit organization in Keaukaha, in the land division of Waiākea, and in the district of Hilo, on the Moku O Keawe also known today Hawai'i Island. They're an organization who collaborates with a number of schools. Ho'olei, the action of casting a net, a practice that is critical for gathering fish along the coastline. Malu, represents peace in which these practices & all ancestral knowledge provides for us. Ō, can be defined as being perpetual, spreading this knowledge throughout generations. When thinking about Hui Ho'oleimaluō and what they have taught me, it allowed me to view the world differently such as, taking care of fishponds and being sustainable. They impacted me by creating a perspective ingrained in my brain of having a fundamental foundation of how we, as po'e Hawai'i, and people in general should mālama (to care, take care) our natural resources and the land itself; just like the 'ōlelo no'eau, "*He Ali'i ka 'āina, he kauā ke kanaka*," we as a collective have a responsibility of caring for the 'āina.

— Samuel M. Kamakau IV



Mākeke Mele Manaka

20 'Apelila, Pō'akolu

Register for a FREE BOOTH

Crafts, Food, Informational, or Educational

Email kokua@kaumeke.net

For a registration form

MAI POINA

Lā Ho'onui 'Ike: Loko I'a

31 Malaki, Pō'ahā

check in: 2:30p-3:00p

Finishes: 4:30p

R.S.V.P by Email at

kokua@kaumeke.net



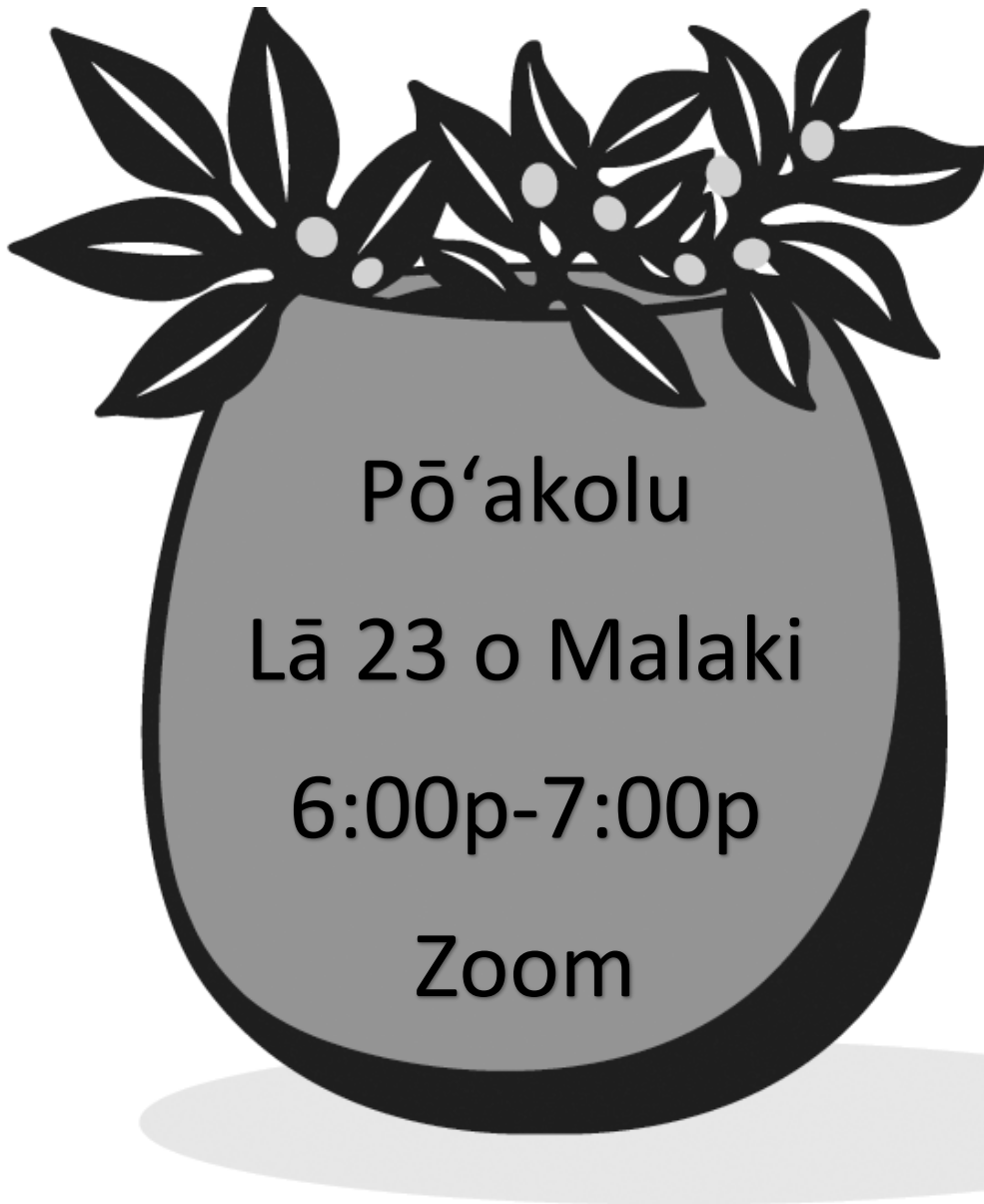
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I N K E A U K A H A

KĀ'EO Bingo

I ulu I ke kuamo'o. I mana I ka 'ōiwi. I kā'eo no ka hanauna hou.



Pō'akolu

Lā 23 o Malaki

6:00p-7:00p

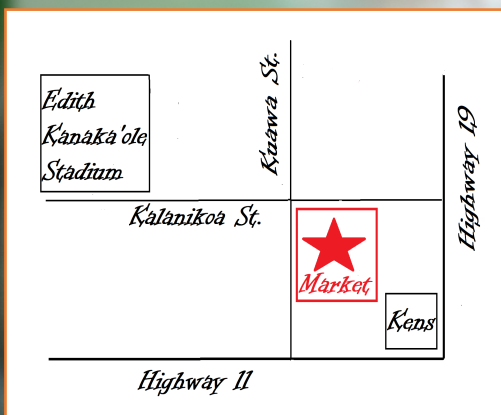
Zoom

We are having another fun KĀ'EO Bingo night happening this Pō'akolu! We will be sending out a link via your email with a KĀ'EO bingo card and a Zoom link to join us. If you don't receive the email or have questions, contact us at kokua@kaumeke.net by 12pm on Pō'akolu and we will get one to you.

Ka 'Umeke Kā'eo

Mākeke Mele Manaka

20 'Apelila, Pō'akolu
9am-4pm
113 Kuawa St.



**Hula-Food-Handmade Crafts-
Jewelry-Lauhala-Clothing-
Accesories-Native Plants-Lei-
and so much more!**