



**Ka'Umeke Kā'eo**  
Hawaiian Immersion Public Charter School  
IN KEAUKAHA

# KA LAMA

*O Ka Lou Ima O Na Moku*

Kepakemapa 2021 Vol.1

## MA KE KAIĀULU

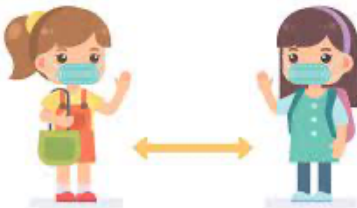
**Covid Safety Begins at Home**  
*Taking the right precautions will protect you and our community*

HERE ARE SOME THINGS YOU CAN DO AT HOME TO SUPPORT THE SAFETY OF OUR HAUMĀNA, LIMAĀHANA, AND 'OHANA.

ALWAYS WEAR A MASK IN INDOOR AND OUTDOOR PUBLIC SPACES.



STAY AT LEAST 6 FEET (ABOUT 2 ARM LENGTHS) FROM OTHERS WHO DON'T LIVE WITH YOU.



SOCIAL DISTANCING

AVOID CROWDS AND POORLY VENTILATED SPACES.



## KA PĀ'ANI

**Ke kaula 'eono kapua'i**

One of the best tools we've used to teach our kids what 6 feet really is the "6-foot string." Measure out a 6-foot piece of string. Then, introduce it as a special new toy—the 6-foot string! What can we do with this string?! The possibilities are endless. As you play with it, you can talk to your keiki about social distancing in a really natural way. Share how his is how much space we've got to give our hoaloha, tūtū, and other people when we are around them. Keiki can build a physical memory for the distance that they can apply in social situations.

Some great ways to play with 6-foot strings are: Hold 2 ends and walk or spin around; Limbo; Lift the string up and down to make waves; tug o' war; lay it down and walk along it like a tightrope. Get creative and come up with your own fun 6-foot string games!

CLEAN YOUR HANDS OFTEN, EITHER WITH SOAP AND WATER FOR 20 SECONDS OR A HAND SANITIZER THAT CONTAINS AT LEAST 60% ALCOHOL.



CLEAN FREQUENTLY TOUCHED OBJECTS AND SURFACES DAILY. IF SOMEONE IS SICK OR HAS TESTED POSITIVE FOR COVID-19, DISINFECT FREQUENTLY TOUCHED SURFACES.



## MANA'O O KĒIA PULE

**"E KOLO ANA NO KE ĒWE I KE ĒWE"**

*Rootlets will creep toward rootlets*

*Of the same origin, kinfolk will seek and love each other. Like roots, we are nourished and inspired by the places and people where we are grounded, but we also nourish and inspire those things around us.*

AVOID CLOSE CONTACT WITH PEOPLE WHO ARE SICK.



COVER YOUR COUGH OR SNEEZE WITH A TISSUE, THEN THROW THE TISSUE IN THE TRASH.



MONITOR YOUR HEALTH DAILY.

