

September 2021 – Breakfast

All meals include 1/2 Pint Milk

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		WG Cereal Applesauce Raisin Muffin Apple	Pork Link Sausage Steamed Brown Rice Pineapple w/ Raisins	Turkey Hot Dog Steamed Brown Rice Pineapple and Raisins
6	7	8	9	10
HAPPY LABOR DAY!	Cheese Omelet Steamed Brown Rice Craisins and Apple	WG Cereal Applesauce Raisin Muffin Banana	Pork Patty Steamed Brown Rice Fruit Medley	Portuguese Sausage Steamed Brown Rice Mandarin Orange and Raisins
13	14	15	16	17
Sausage in a Blanket Pears Apple Juice	Portuguese Sausage & Cheese Omelet Steamed Brown Rice Fruit Medley	WG Cereal Applesauce Raisin Muffin Apple	Pork Link Sausage Steamed Brown Rice Mandarin Orange and Raisins	Turkey Hot Dog w/ Onions Steamed Brown Rice Applesauce Craisins
20	21	22	23	24
Coconut Roll Pears Apple Juice	Veggie Omelet Steamed Brown Rice Oranges	WG Cereal Applesauce Raisin Muffin Banana	Pork Patty Steamed Brown Rice Pineapple and Raisins	Turkey Ham Links Steamed Brown Rice Pineapple and Raisins
27	28	29	30	
Pizza Bagel Pears Apple Juice	Ham & Cheese Omelet Steamed Brown Rice Banana	WG Cereal Applesauce Raisin Muffin Apple	Pork Link Sausage Steamed Brown Rice Pineapple w/ Raisins	

This institution is an equal opportunity provider.