



**Ka'Umeke Kā'eo**

Hawaiian Immersion Public Charter School

IN KEAUKAHA

# KA LAMA

*O Ka Lou Ima O Na Moku*

Malaki 2021 Vol.2

## MA KE KAIAULU

### MOKU 'O HAWAII

*Road trips during wā ho'omaha kupulau*

#### HAWAII VOLCANOES NATIONAL PARK- MAUNA LOA ROAD TRIP

The Mauna Loa road climbs the slopes of Mauna Loa above the Kilauea Volcano. It takes you across old lava flows and through koa forests, stopping at the trailhead of the red cabin hike. The unique selling point of this scenic route are the wide views you have of the Hawai'i Volcanoes National park and the always changing scenery. There are two trailheads and a picnic pavilion at the parking lot at the end of the road. The trail that starts west of the parking is a short hike that will take you to a place where you can see the rare Silversword plant.

**Directions:** 11.2 miles from Hilo, follow highway 11 west from Volcano Village (towards Kona). Turn towards the mountain on Mauna Loa road, between mile markers 30 and 31. Drive past the Kipuka Puaulu parking turn about and through the yellow gate on the right, continuing on to Mauna Loa road.

#### PEPE'EKEO, ONOMEA BAY SCENIC DRIVE

This 4 mile stretch of the old Mamalahoa highway snakes from scenic spot to scenic spot through lush tropical forest and gives some stunning views of Onomea Bay.

**Directions:** Follow highway 19 north of Hilo. Between mile marker 7 and 8 take the right-hand turn that is marked "scenic drive". Please drive carefully. This road is a bit narrow and has many sharp curves and some one-lane bridges.

#### THE CHAIN OF CRATERS ROAD

Located in the Hawai'i Volcanoes National Park, this road takes you from an elevation of 4000 ft. all the way down to sea level over the lava covered flanks of Kilauea volcano. The drive itself leads past many trails, old craters (hence the name), scenic spots, a large petroglyph field to the place where lava covers the road, and see the Hōlei sea arch rise out of the 80 to 90 feet high cliffs.

**Directions:** The Chain of Craters road is almost impossible to miss. In the Hawai'i Volcanoes National Park, follow the crater rim drive towards the south and follow the signs "Chain of Craters Road".

#### SOUTH KONA SCENIC DRIVE

There is much history in this scenic drive. You will pass Nāpō'opo'o Village, Kealakekua Bay State Historical Park, St Benedict Painted Church, and Pu'uho'oua o Hōnaunau National Park. Pu'uho'oua o Hōnaunau is a park of great historical and cultural significance.

**Directions:** Coming from Kona, follow highway 11 south until the junction with highway 160, just south of the town Captain Cook. Follow this road until you enter Napo'opo'o village. Turn left or right, the road loops back around.

## MEA'AI

### THE FOOD BASKET

*Ma ka Pule o Malaki 15 a i Malaki 19*

Supplies are limited and will be distributed on a first come first serve basis. They ask everyone to be considerate of the local traffic around the drops and to arrive a half an hour prior to the start time. Stay in your vehicle, as these are drive thru only.

#### Old Kona Airport Pavilion

Thursday, March 18 10am

#### Pāhoa Community Center

Friday, March 19 10am



## MANA'O O KĒIA PULE

### 'A'OHE ULU MA KAHU 'OLU'OLU

*There can be no growth without  
discomfort*

Get out of your comfort zone to progress. When we open ourselves up to new experiences, we allow ourselves to expand our minds and learn, both about ourselves and our abilities. Realize your full potential and your limits. We form new values when we take in new experiences and they leave an imprint on our minds.

## MA KE KULA

### ENROLLMENT

*New Haumāna*

Ka 'Umeke Kā'eo provides a well-rounded academic program as a culturally based indigenous Hawaiian Language Immersion School. Our school prepares students to participate in and contribute to the local and larger communities. We provide an experiential-based Hawaiian learning environments in partnership with our haumāna and 'ohana. We are currently accepting applications for the 2021-2022 school year. Our next orientation for new haumāna will be held virtually via Zoom, April 6th, at 4:30p.m. Interested 'ohana will need to call our Hale Lamalama office (933-3482) to RSVP and to receive the zoom link. Mahalo!

### 'OLELO HAWAII'

*Oleloonline.com*

Ka 'Umeke has partnered with Kumu Trapp to offer our 'ohana free admission into his online course. All you need to do is register with your keiki's kaumeke.net email. Once you are in you can change your communication email to another one. Kumu Trapp is also available for help with 'Ōlelo Hawai'i questions and ha'awina! Thursdays 4-5p and Sundays 1-3p. Zoom:8950531868 and no password.

## WĀ HO'OMAHA KUPULAU

*Reading through Spring Break*

It's wā ho'omaha kupulau! Often 'ohana take this time to go on vacation, do cleaning projects, or just lounge around. Here are some suggestions to keep them reading during wā ho'omaha kupulau.

#### Make a library date

At the beginning of wā ho'omaha kupulau, take your child to the library, and let them choose some books for the week. They want to read comic books? Absolutely. They want to read a book from their younger reading days? Why not? Make sure they know they can choose anything that gets them excited. The important thing is that your keiki wants to keep reading. Encourage them to choose whatever they want and, before you know it, your keiki will have a stack of books so high they'll probably exceed their checkout limit...and that's a great thing.

#### Read with them

Having an 'ohana member who reads with them helps keiki get more involved in the reading process and feel more confident. It takes only 15 minutes of your day to keep your child on their reading schedule. This will reinforce what they are learning in kula. Best yet, reading with your child creates a special bond that neither of you will forget.

#### Give them a challenge

Set a minimum page limit for the week, or set a minimum time amount for them to read each day. Make the challenges attainable, and wherever possible, make them fun! Your children will even love it if you can participate with them in their challenges. Then for each challenge they meet, reward them with something fun.

#### Get excited with them

When your keiki talks incessantly about a book they've read, that is the best thing you can hope for. Encourage that. Get excited with them! Ask them questions about the characters, the story, and what makes it special for them. Knowing you can get excited with them keeps them excited. It keeps them reading.

<https://www.librarieshawaii.org/branch/hilo-public-library/>  
The Hilo Public Library is open but some changes have been made: Wiki visits start at the top of the hour and are available on a first-come, first-serve basis. A limited number of library patrons will have up to 45 minutes to find books. Visit their website for more information.

## 'Ikepili

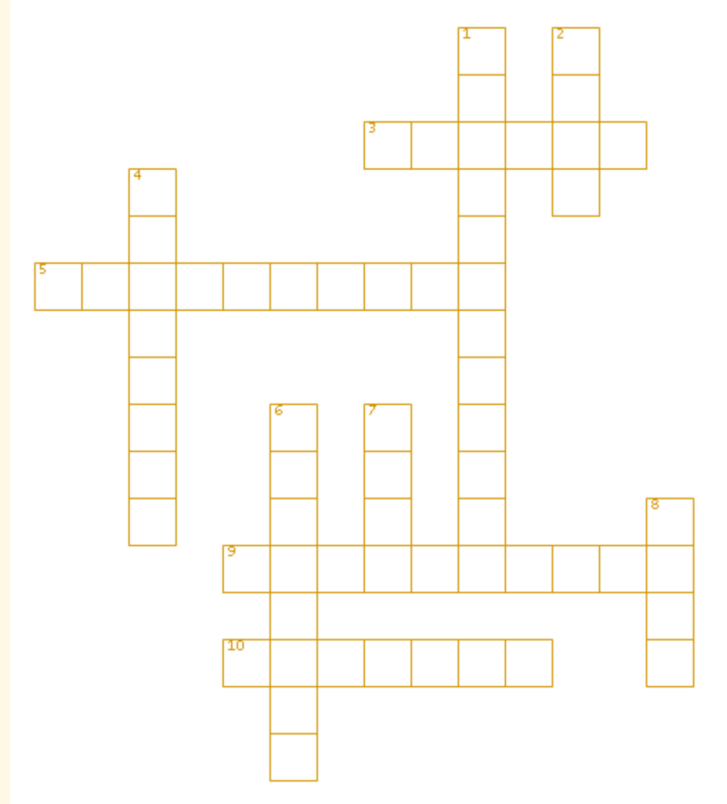
‘O ka hala kahiki he hua‘ai i laha ma Hawai‘i. Eia nō na‘e ‘a‘ole no Hawai‘i ka hala kahiki. Na nā kānaka sepānia i lawe mai i Hawai‘i nei.

Na John Dole i ho‘okumu i ka ‘oihana hala kahiki ma Hawai‘i ma ka makahiki 1900 a he ‘oihana kaulana a i kēia lā.

Melemele a i‘ole ke‘oke‘o ka i‘o o ka hala kahiki. I kekahi manawa momona a i kekahi ‘awa‘awa eia nō na‘e ‘ono maoli nō. He hua‘ai maika‘i ka hala kahiki no kou ola kino. Nui nā wikamia ma me nā minelala.

*Pineapples are common in all of Hawai‘i. However, pineapples are not originally from Hawai‘i.*

*Pineapples were introduced to Hawai‘i by the Spanish. John Dole started his pineapple business in Hawai‘i in the 1900s and is still a well-know business till today. The flesh of a pineapple can be yellow or white. Some pineapples are sweet and some are a bit sour regardless it is delicious. Pineapples are a great source of nutrition, it is full of vitamins and minerals.*



## Nane Hala Kahiki

### ACROSS

- 3. Ka ‘ēko‘a o ka ‘awa‘awa
- 5. Ka hua‘ai o kēia atikala
- 9. He minelala waiwai no ke kino
- 10. Ka māhele e kanu

### DOWN

- 1. Meakanu ‘ōiwi mai?
- 2. Keu a ka ‘ \_ \_ \_
- 4. Ka waiho‘olu‘u
- 6. Ka ‘ēko‘a o ka momona
- 7. ‘A‘ole kuke ‘ia
- 8. Ke mākaukau ka hua‘ai e ‘ai ‘ia

## Hala Kahiki Nō!

- 3 kī‘aha hala kahiki pokepoke a ho‘opa‘ahau ‘ia
- 2 mai‘a i ho‘opa‘ahau ‘ia
- 3/4 kī‘aha waiū niu
- 1/4 kī‘aha waiū kia i ho‘omomona ‘ia

- 3 c. frozen pineapple chunks
- 2 bananas, peeled and sliced (frozen)
- 3/4 c. coconut milk
- 1/4 c. sweetened condensed milk

### **‘Okuhi:**

E ho‘okomo i ka hala kahiki, mai‘a, waiū niu a me ka waiū kia i ho‘omomona ‘ia ma ka mikini kāwili a e kāwili a ‘ae‘ae.

### **Directions:**

Place pineapple, banana, coconut milk and sweetened condensed milk in a blender. Blend till smooth

