

KA LAMA

Malaki 2021 Vol.1

MA KE KULA

IN KEAUKAHA

WĀ HO'OMAHA KUPULAU **Traveling During Spring Break** Ma ka pule o Malaki 15 a i Malaki 19

The time has come for a break from our hybrid and virtual school week. Now that we are planning for Spring Break, the question is: What kind of travel is safe for our 'ohana?

Unfortunately, we are still in a pandemic. Vaccinations have just begun and highly contagious variants of COVID-19 are still emerging. With this in mind, here are some DO's and DONT's to make this wa ho'omaha kupulau a fun and safe one.

DO's:

- Do road trips, since your car is the safest way to travel.
- Do plan to bring groceries so that you can cook and eat with your 'ohana.
- Do book private accommodations at a vacation rental.
- Do outdoor activities.such as camping, hiking, and spending time outdoors in areas where it is easy to maintain social distancing.
- Do continue to follow all social distancing, masking, hand washing, and CDC outlined precautions.

DONT'S:

- Don't travel to attend a party, festival, or large event.
- Don't travel to a crowded destination where it's difficult to maintain social distancing.
- Don't eat at restaurants with indoor seating.
- Don't take a bus, the train, or fly if at all possible.

REMEMBER:

- If you travel Inter-Island, each Island has different rules. Some counties require a negative COVID-19 test result prior to arrival or a 10 day quarantine.
- Check the COVID-19 spread rates where you plan to visit.

MEAGAI

THE FOOD BASKET

Ma ka Pule o Malaki 8 a i Malaki 12 Supplies are limited and will be distributed on a first come first serve basis. They ask everyone to be considerate of the local traffic around the drops and to arrive a half an hour prior to the start time. Stay in your vehicle, as these are drive thru only.

Na'alehu Hongwanji Temple Tuesday, March 9 10am Hilo Afook-Chinen Civic Auditorium Wednesday, March 10 10am Waikoloa Kamakoa Nui Skate Park Friday, March 12 10am

MANA'O O KĒIA PULE

HE AIKĀNE, HE **PŪNANA NA KE ONAONA**

A friend, a nest of fragrance.

Sweet indeed is a good friend. With the pandemic separating us from our daily social scene, make a point to reach out to your tried and true friends. Have those deeper. unchecked conversations and share how you are feeling. Be supportive of their sadness or happiness. Our good friends help us manage stress because they care about our emotions and experiences.

MA KE KULA

ENROLLMENT

New Haumāna

Ka 'Umeke Kā'eo provides a well-rounded academic program as a culturally based indigenous Hawaiian Language Immersion School. Our school prepares students to participate in and contribute to the local and larger communities. We provide experiential-based Hawaiian learning environments in partnership with our haumāna and 'ohana. We are currently accepting applications for the 2021-2022 school year. Our next orientation for new haumāna will be held virtually via Zoom, April 6th, at 4:30p.m. Interested 'ohana will need to call our Hale Lamalama office (933-3482) to RSVP and to receive the zoom link. Mahalo!

MA KE KAIAULU HAWAII NATIONAL PARK KAHUKU UNIT

A place to visit during wā ho'omaha kupulau

Hawaii Volcanoes National Park-Kahuku Unit A rolling, pastoral landscape on the slopes of Mauna Loa. Kahuku Ranch was once one of the biggest cattle ranches in Hawai'i, producing beef and hides for more that 150 years. The 116,000-acre landscape is breathtaking and there are views to take in around every corner, as well as short and long hikes.

Directions: Take a drive to the southern side of the Island, the Kahuku Unit is located in the district of Ka'ū on Highway 11, between mile markers 70 and 71, approximately a 1hr 45 min. drive from Hilo. Open Thursdays through Sundays from 9 a.m. to 4 p.m.

Hikes:

Pu'o o Lokuana Cinder Cone- This short but strenuous climb to the top of the cinder cone is a .4 mile loop.

Pu'u o Lokuana Trail- Historic ranch roads lead to hidden pasture with lava tree molds and lava flows from 1868. 2 mile loop.

Kamakapa'a Trail- Easy trail through grassy meadows to top of small cinder cone. Sweeping views from the top show you the entire breadth of lower Ka'ū. ½ mile loop.

Palm Trail- Hike or bike through scenic pastures for one of the best panoramic views in Kahuku. See volcanic features along the 1868 fissure and cross the main lava channel. 2.6 miles.

Pali o Kā'eo Trail- Walk the trail through woodland meadows along the top of the steep grassy slope. Views along the way include the coast of Ka'ū from Ka Lae to Nā Pu'u o Pele. Make it a loop and return by walking a portion of the Pit Crater trail and road. 2.1 miles.

Pit Crater Trail- This strenuous hike leads steeply up old pasture roads to the edge of a huge pit crater. Continue hiking for an additional 1.7 mile loop before returning on the same trail. 2.4 miles.