



Ka'Umeke Kā'eo
Hawaiian Immersion Public Charter School
IN KEAUKAHA

KA LAMA

O Ka Lou Ika O Na Mohe

Kekemapa 2020 Vol.2

MĀLAMA CELEBRATING CHRISTMAS

Mele Kalikimaka

Christmas will look different this year but it doesn't mean that we can't celebrate. It just means we will have to be creative to make it special. Here are some ideas to keep it a covid-safe Christmas while making it exceptional.

The State of Hawaii recommends not gathering with those outside of your household. Meanwhile the CDC rates the risk levels of gatherings in the following way:
Lowest risk: Virtual-only activities, events, and gatherings.

More risk: Smaller outdoor and in-person gatherings in which individuals from different households remain spaced at least 6 feet apart, wear masks, do not share objects, and come from the same local area (e.g., community, town, city, or county).

Higher risk: Medium-sized in-person gatherings that are adapted to allow individuals to remain spaced at least 6 feet apart and with attendees coming from outside the local area.

Highest risk: Large in-person gatherings where it is difficult for individuals to remain spaced at least 6 feet apart and attendees travel from outside the local area.

With these guidelines in mind, there are some ways to create a spectacular Christmas event. Make invitations and hand them out, as this can be a fun project for a keiki. Doing this sets up your Christmas get-together as something special. If you decide to invite guests outside your household, use a virtual invite to let guests know what steps you've put in place, how many people will be invited, and what social distancing guidelines you'll be following during the party. The more details you can provide upfront the better. This way guests will know what to expect when they arrive.

Decorate your party to the fullest by getting that dinner table as fancy as possible. Put out candles and pull out the good plates, make place cards, and go around the yard to collect plants, flowers, etc. to make a centerpiece. Play some Christmas music during dinner then watch a Christmas movie together with popcorn. You can also move the dinner outside. Decorate the back of your house instead of the front. Build a roasting pit and make s'mores. With a few creative touches we can make this a special Christmas.

MEA'AI

THE FOOD BASKET

Supplies are limited and will be distributed on a first come first serve basis. They ask everyone to be considerate of the local traffic around the drops and to arrive a half an hour prior to the start time. Stay in your vehicle, as these are drive thru only.

[Kona Old Airport Pavilion](#)

Thursday, December 17 10am

[Pahoa Community Center](#)

Friday, December 18 10am

[Ocean View Kahuku Park](#)

Monday, December 21 10am

[Honoka'a Sports Complex and Skate Park](#)

Wednesday, December 23 10am

MANA'O O KĒIA PULE

MŌHALA I KA WAI KA MAKA O KA PUA

*Unfolded by the water are the faces
of flowers.*

Flowers thrive where there is water, as thriving people are found where living conditions are good.

We cannot survive without fresh water. Our bodies cannot live, our 'āina cannot flourish, and our kai will suffer. On our island we are fortunate to have streams, rivers, wetlands, estuaries, and rainforests. We must practice responsible and sustainable actions to protect our water sources.

OLAKINO

KA MEA'AI HĀ'EHUOLA MA KA 'UMEKE KĀ'EO

Pea

This week we have an informational flyer all about avocados. There is also a recipe for guacamole! See flyer on following pages.

MA KE KULA

KALIKIMAKA

Kaona Kalikimaka

On December 16th, from 6pm to 7pm at Pā Hoaka, we will be having a drive-thru Christmas contest. Kumu and limahana will decorate their tents and we invite you to come by and vote for the one you like best! See the flyer on following pages.

Pule 'Oli'oli Kalikimaka

Next week we will be celebrating Christmas by having a week of Christmas dress up, with fun themes like "Lole Hiamoe Kalikimaka" and "Kueka Kalikimaka Pupuka". Next week is going to be filled with Christmas cheer! See flyer on following pages.

KAIAULU

CHRISTMAS EVENTS

Big Island Virtual Christmas Light Parade

This year a collection of 20 second videos have been sent in to be a part of the first Big Island Virtual Christmas Light Parade. This virtual parade will include decorated homes from all over the island. This will be viewable via social media platforms (Facebook & Instagram) beginning December 20.

Kea'au Virtual Christmas Parade

The annual Kea'au Christmas Light Parade will be presented in a virtual format this year. The theme is "Celebrating Essential Workers" and will feature videos from past parades and current videos honoring the essential workers of Kea'au and our East Hawai'i community. The parade will premiere on Na Leo TV at 6 pm on Saturday, December 12. You can get access links at keaauparade.org.

World of Magic-Virtual Performance

The Hilo Elks' and Hilo Palace Theater are putting on "World of Magic." Featured performers are Taishoji Taiko and magician Bruce Meyers. Audience can view this 1-hour show by accessing Hilo Palace Theater's YouTube channel between December 20 to 26, 2020.

Ka Mea'ai Hā'ehuola ma Ka 'Umeke Kā'eo



I kēia pule e kālele ana mākou ma ka hua'ai 'ono loa 'o ia ho'i ka pea. He mau waiho'olu'u ko kēia hua'ai 'o ia ho'i ka 'ōma'oma'o, melemele, poni a i kekahi manawa he 'ula'ula. E like me nā 'ano waiho'olu'u like 'ole o ka pea.. Ke 'oki a wehe ia he 'ōma'oma'o ka i'o a he 'ono maoli no 'oiai he 'ae'ae a momona. Ho'ohana 'ia ka pea ma nā 'ano mea'ai like 'ole, he saleta 'oe, he kanuikia 'oe a me nā 'ano mea'ai māmā like 'ole. He mea'ai kūpono loa kēia no ke ola kino no ka nui o ka wikamina i holo maika'i ke kino. No laila ke 'ike hou 'ia kekahi kumulā'au pea e hele a 'ohi i kekahi mau hua a e ho'ā'o i ka lekapī ma lalo iho nei!

This week we are highlighting the amazing avocado. This fruit comes in different shades of green, yellow, purple, and sometimes even with hints of red. Likes its many colors, avocados come in many circular shapes, from perfect circles to pear shapes. The green inside of the avocado is smooth, soft, and buttery which is perfect to make things like dips and smoothies, or to add to salads and sandwiches. Avocados are a great source of vitamins, including vitamin C which keeps your immune system strong. The next time you come across an amazing avocado tree make sure you pick one or two to eat, or gather a bunch to create the recipe below.

Ke Kai Penu Pea

Nā Pono:

3 Pea
1 wai hua'ai lemi
1 puna kī pa'akai
½ kī'aha 'aka'akai
3 puna kī pakalī Pākē i 'oki 'ia
2 'ōhi'a lomi i 'oki 'ia
1 puna kī 'aka'akai pilau
Pepakene, no ka hō'ono

Ka 'Ōkuhi:

Ma kekahi pola lōpū ho'owali i nā pea, ka wai hua'ai lemi a me ka pa'akai. A laila e kāwili i nā 'aka'akai, nka pakalī Pākē, nā 'ōhi'a lomi a me ka 'aka'akai pilau. Ho'okomo pū i ka pepakene no ka hō'ono 'ana i ke kai. E waiho ma ka pahu hau no ho'okahi hola.

Ono loa me ke kipi!

Guacamole

Ingredients:

3 avocados
1 lime, juiced
1 teaspoon salt
½ cup diced onion
3 tablespoons chopped fresh cilantro
2 roma (plum) tomatoes, diced
1 teaspoon minced garlic
Cayenne pepper, for flavor

Directions:

In a medium bowl, mash together the avocados, lime juice, and salt. Mix in onion, cilantro, tomatoes, and garlic. Stir in cayenne pepper. Refrigerate 1 hour for best flavor, or serve immediately.

Great to eat with chips!



PULE 'OLI'OLI KALIKIMAKA



E KOMO KĀKOU MA KĒIA HANANA O KA PULE
'OLI'OLI KALIKIMAKA! 'O KA PAPA ME KA
PĀKĒNEKA KI'EKI'E NO KE KOMO 'ANA I NĀ
LOLE KŪIKAWĀ KA LANAKILA!

PO'AKAHI



Lole Moepō Kalikimaka

E komo i ka lole moepō Kalikimaka. Inā 'a'ole, hiki iā
'oe ke ho'ohana i kekahi lole ho'olu'elu'e (robe)



PO'AHĀ



Kueka Kalikimaka Pupuka

E komo i ke kueka
Kalikimaka pupuka



Ho'ouna i nā ki'i iā:

samuel@kaumeke.net

napua@kaumeke.net

PO'ALUA



Hāme'e Kalikimaka

E komo i kekahi 'a'ahu a i 'ole ka lole pili i
kekahi hāme'e Kalikimaka



PO'ALIMA



Ke Ala Polohiwa a Kanaloa

E komo i ka lole pili
i ka Papahulilani

Ka 'Umeke Kalikimaka

Take a drive through our Kaona Kalikimaka
and vote for your favorite!



*16 Kekemapa 2020
6pm - 7pm*

Drive thru Pahoaaka

You be the judge!