



November 2019 - Breakfast

All meals include 1/2 Pint Milk

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
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				Coconut Roll Cranberry Juice Banana
4	5	6	7	8
Turkey Hot Dog Steamed Brown Rice Pineapple and Raisins	Ham & Cheese Omelet Steamed Brown Rice Fruit Medley	WG Cereal String Cheese Mandarin Orange and Craisins	Pork Link Sausage Steamed Brown Rice Pineapple w/ Coconut	Bagel w/ Jelly Banana Apple Juice
11	12	13	14	15
	Cheese Omelet Steamed Brown Rice Craisins and Pineapple	WG Cereal Banana Coconut Muffin Applesauce	Portuguese Sausage Steamed Brown Rice Fruit Medley	Cinnamon Roll Apples Orange Juice
18	19	20	21	22
Bagel w/ Jelly Applesauce Craisins	Portuguese Sausage & Cheese Omelet Steamed Brown Rice Fruit Medley	WG Cereal String Cheese Pineapple and Coconut	Turkey Hot Dog w/ Onions Steamed Brown Rice Mandarin Orange and Raisins	Sausage in a Blanket Apple Juice Oranges
25	26	27	28	29
Turkey Hot Dog Steamed Brown Rice Pineapple and Raisins	Ham & Cheese Omelet Steamed Brown Rice Fruit Medley	WG Cereal String Cheese Mandarin Orange and Craisins		

This institution is an equal opportunity provider.