

September 2019 – Breakfast

All meals include 1/2 Pint Milk

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
HAPPY LABOR DAY!	Ham & Cheese Omelet Steamed Brown Rice Fruit Medley	WG Cereal String Cheese Mandarin Orange and Craisins	Pork Link Sausage Steamed Brown Rice Pineapple w/ Coconut	Bagel w/ Jelly Banana Apple Juice
9	10	11	12	13
WG Pancakes Pork Link Sausage Mandarin Orange and Coconut 1 PKT Syrup	Cheese Omelet Steamed Brown Rice Craisins and Pineapple	WG Cereal Banana Coconut Muffin Applesauce	Portuguese Sausage Steamed Brown Rice Fruit Medley	Cinnamon Roll Apples Orange Juice
16	17	18	19	20
Bagel w/ Jelly Applesauce Craisins	Portuguese Sausage & Cheese Omelet Steamed Brown Rice Fruit Medley	WG Cereal String Cheese Pineapple and Coconut	Turkey Hot Dog w/ Onions Steamed Brown Rice Mandarin Orange and Raisins	Sausage in a Blanket Apple Juice Oranges
23	24	25	26	27
Turkey Ham Links Steamed Brown Rice Pineapple and Raisins	Veggie Omelet Steamed Brown Rice Oranges	WG Cereal Orange Raisin Muffin Applesauce	Pork Patty Steamed Brown Rice Pineapple and Coconut	Coconut Roll Cranberry Juice Banana
30				
Turkey Hot Dog Steamed Brown Rice Pineapple and Raisins				

This institution is an equal opportunity provider.