

January 2019 - Breakfast

All meals include 1/2 Pint Milk

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9	10	11
NO SCHOOL	Ham & Cheese Omelet Steamed Brown Rice Fruit Medley	WG Cereal String Cheese Apple Juice Banana	Portuguese Sausage Steamed Brown Rice Pineapple w/ Coconut	Sausage in a Blanket Applesauce Craisins
14	15	16	17	18
WW Bagel w/ Jelly Coconut Flakes Banana	Pork Links Steamed Brown Rice Mandarin Orange Apple Slices	WG Cereal Gogurt Craisins w/ Pineapple	Cheese Omelet Steamed Brown Rice Fruit Medley	Cinnamon Roll Apple Juice Applesauce
21	22	23	24	25
	Portuguese Sausage & Cheese Omelet Steamed Brown Rice Pineapple w/ Raisins	WG Cereal String Cheese Apple Juice Applesauce	Turkey Hot Dog w/ Onions Steamed Brown Rice Fruit Medley	Ham Roll Raisins w/ Pineapple
28	29	30	31	
Pork Links Steamed Brown Rice Raisins	Egg Salad Sandwich Pickles Oranges	WG Cereal Orange Muffin Raisins Applesauce	Coconut Roll Pineapple Banana	

This institution is an equal opportunity provider.