

September 2017 - Breakfast

All meals include 1/2 Pint Milk

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
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				Egg Salad Sandwich W/Whole Wheat Bread Pickles Banana Slices
HAPPY LABOR DAY!	5	6	7	8
	Chicken Sausage Patty Steamed Brown Rice Grape Juice Mixed Fruit	Whole Grain Cereal Gogurt Craisins Apple Slices	Portuguese Sausage and Eggs Steamed Brown Rice Mixed Fruit Raisins	Cheese Roll Orange Wedges Pineapple Tidbits
11	12	13	14	15
Whole Wheat Bagel Chunks W/ Cream Cheese Mandarin Oranges Banana Slices	Ham and Cheese Omelet Steamed Brown Rice Watermelon Pineapple Tidbits	Mini WW Cinnamon Rolls Raisins Applesauce	Turkey Link Sausage Steamed Brown Rice Apple Slices Mandarin Oranges	Sausage in a Blanket Orange Wedges Cranberry Juice
18	19	20	21	22
Whole Grain Cereal Gogurt Craisins Apple Slices	Turkey Hot Dog Steamed Brown Rice Apples Pineapple Tidbits	WW Waffles String Cheese Banana Slices Mandarin Oranges 1 PKT Syrup	Pork Patty Sausage Steamed Brown Rice Applesauce Raisins 1 PKT Ketchup	Breakfast Pizza w/ Portuguese Sausage Tomato Juice Mandarin Oranges
25	26	27	28	29
Turkey Hot Dog w/ Onions Steamed Brown Rice Pineapple Tidbits	Breakfast Burrito Homemade Salsa Banana Slices	Portuguese Sausage Steamed Brown Rice Apple Slices Mixed Fruit	Hard Boiled Egg WW Roll Orange Wedges Raisins	Casserole Muffin Apple Juice Mandarin Orange

This institution is an equal opportunity provider.